

# Do you know all your treatment options?



Transplant...  
In-center Dialysis...  
Home Dialysis...

## Peritoneal Dialysis (PD): The **Needle-Free** Option

### With PD, you...

- Can continue your activities while you dialyze
- Can travel with your supplies
- Will not need to visit a clinic three times per week; most people require only a monthly visit
- Will not need any needles for this treatment
- Will have more flexibility in setting your treatment schedule
- May have fewer dietary restrictions
- Will need a catheter to be placed in your belly to perform the procedure
- May need to avoid underwater activities

### If you're considering PD as a treatment option, ask yourself these questions:

- Would you rather have a treatment without using needles?
- Would you like to be more free to travel?
- Would you like to have your dialysis fit better into your schedule?
- Do you want the control of doing your own treatments?
- Would it be a problem if you couldn't take part in underwater activities?



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## **“How do I get started with PD?”**

Talking with your healthcare professional and the PD care team nurse is the best place to start to learn about PD.

If you decide to start PD, the next step will be to set up your training and to arrange for a peritoneal catheter to be placed.

It can take at least one month before you will be able to do your own treatments. This is because the skin/tissue around the catheter will take about two weeks to heal before you can start training; and the training will take another couple of weeks.



## **Remember...**

The most important thing to consider in determining whether you are suited for PD is how much you want to do it.

If you have read and considered all the facts on these two pages and think it is right for you, then consider talking with your healthcare team to learn more.



To file a grievance, please contact us:  
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