Our Team

Transplant Surgeons

David Leeser, MD
Division Chief

J. E. Tuttle-Newhall, MD
Chief of Surgery

Mark Dy-Liacco, MD

Homayoun Pournik, MD

Transplant Nephrologists

Heather Jones, MD
Medical Director

Scott Kendrick, MD

Kristel McLawhorn, MD
Our Team

Administration
- Cynthia Stone, MSN, Administrator
- Lory Speight, RN, Nurse Manager
- Christian Martin, MBA, Business Manager
- Robyn Turner, MPH, Quality Coordinator

Dietitian
Holly Brennerman, RD

Post-transplant
Kenzie Davis, RN
Veronica Ward, RN
La’Neika Benbow, MSW
Quameerah Mitchell, TA

Financial Coordinator
Aisha Chesson, CTFC

Pre-transplant
Ashley Scott, RN
Lisa Schaeffer, RN
Clifton Hill, MSW
Tyree White, MSW
Jane Hill, TA
Carolyn Mitchell, TA

Living Donor
Linda Ipock, RN
Barbara Lee, MSW
Kamaron Staton, TA

Administrative Assistants
Nan Walrath
Christine Lynch
Transplant Referral

- Referrals from physician offices, dialysis units, and self-referral
- Additional documents:
  - Recent H&P or nephrology office note
  - 2728
  - Insurance cards
  - Recent labs, including GFR
Transplant Eligibility

• We welcome referrals for patients with complex medical issues, such as cardiac disease, lung disease and previous cancer.
  • These patients may be candidates with a more thorough evaluation

• Exclusion Criteria:
  • Active cancer
  • Active infection
  • Dementia
  • Nursing home resident
  • Active drug abuse
  • Medication non-adherence
Pre-Transplant Evaluation:
One-day Evaluation

• Morning educational session
• Evaluation by transplant team
  • Transplant surgeon
  • Transplant nephrologist
  • Nurse coordinator
  • Financial coordinator
  • Social worker
  • Dietitian
Testing Required for Evaluation

Cardiac Testing
- Echocardiogram
- Stress testing
- Catheterization

CT abdomen/pelvis

Chest X-Ray

Blood work

Routine Cancer Screening
- Pap smear
- Mammogram
- Colonoscopy
- CT chest

Testing is individualized based on patient’s personal history gathered during evaluation day
Transplantation & Obesity

- BMI < 40: Eligible for wait-listing
- BMI 40-42
  - Eligible to start evaluation testing, will be given weight loss target
- BMI > 42
  - Eligible to attend evaluation day, including evaluations by each team member
  - Bariatric surgery referral for potential candidates facilitated during initial appointment
Kidney Waitlist

- 2017: 200
- 2018: 250
- 2019: 300
- 2020: 350
Program Statistics

Transplant Volumes

FY 2018
FY 2019
FY 2020- February

2020 Projection - 110 Transplants

Deceased Donor
Living Donor
SPK/PAK
Total Transplants
We offer simultaneous kidney-pancreas (SPK), pancreas-after-kidney (PAK), and pancreas transplant alone (PTA)

• In 2019 we performed a record-breaking 17 pancreas transplants

Since inception in 2017, we have performed 31 pancreas transplants (SPK & PAK)

Inclusion Criteria:

• Type 1 DM and select insulin-dependent type 2 DM with BMI < 35
Living Donation

- National Kidney Registry participant
  - Allows living donor-recipient pairs to benefit from transplantation, even when they are medically incompatible
  - Over 500 donors screened in 2019
  - Participated in 5 multi-center swaps in first year of participation
- Online application for potential donors: vmc.donorscreen.org
Robotic Assisted Transplantation

- 1st Robot-Assisted Living Donor Transplant in NC
- Living Donor Nephrectomies
- Potential Benefits
  - Pain control
  - Recovery time
  - Fewer wound complications in obese recipients
Educational Opportunities

• **For Patients:** Monthly support group
  • Pre-transplant, post-transplant, families, and support partners are welcome
  • Topics of interest for those living with kidney disease or transplantation
  • Contact: (252) 744-2620

• **For Providers:** Annual Kim Thomas Symposium
  • One-day educational event for nephrology practitioners focusing on transplant-related care
<table>
<thead>
<tr>
<th>Medications</th>
<th>Avg Cost (w/o Insurance)</th>
<th>Estimated Cost (After Insurance)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>TACROLIMUS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Prograf or Envarsus)</td>
<td>$300 – 2,000</td>
<td>$50</td>
</tr>
<tr>
<td>Anti-Rejection drug (taken for the life of the transplant)</td>
<td></td>
<td></td>
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<tr>
<td><strong>MYCOPHENOLATE</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Myfortic or Cellcept)</td>
<td>$870 – 1,200</td>
<td>$50</td>
</tr>
<tr>
<td>Anti-Rejection drug (taken for the life of the transplant)</td>
<td></td>
<td></td>
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<tr>
<td><strong>PREDNISONE</strong></td>
<td></td>
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<tr>
<td>Anti-Rejection drug (taken for the life of the transplant)</td>
<td>$30 – 40</td>
<td>$5</td>
</tr>
<tr>
<td><strong>VALGANCICLOVIR</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Valcyte)</td>
<td>$4,000 – 6,100</td>
<td>$50</td>
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<tr>
<td>3-6 months</td>
<td></td>
<td></td>
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<tr>
<td><strong>FAMOTIDINE</strong></td>
<td></td>
<td></td>
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<tr>
<td>(Pepcid)</td>
<td>$20 – 100</td>
<td>$4</td>
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<tr>
<td>6 months</td>
<td></td>
<td></td>
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<tr>
<td><strong>SULFAMETHOXAZOLE/TRIMETHOPRIM</strong></td>
<td></td>
<td></td>
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<tr>
<td>(Bactrim or Septra)</td>
<td>$6 – 15</td>
<td>$4</td>
</tr>
<tr>
<td>6 months</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>NYSTATIN</strong></td>
<td></td>
<td></td>
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<tr>
<td>1 month</td>
<td>$43 – 60</td>
<td>$12</td>
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<tr>
<td><strong>Total per Month</strong></td>
<td>$5,269 – 9,515</td>
<td>$175 – 200</td>
</tr>
</tbody>
</table>

**How much will my transplant medications cost?**

- The Financial coordinator can provide you with estimates of the costs for post-transplant medications after your annual deductible has been met.
- This is an example of the information provided at your evaluation appointment.
- This information is individualized and will be different based on your insurance coverage and the type of information you have.
Is there any assistance to help me pay for my medications?
Co-Pay cards may be available to help reduce the out-of-pocket costs, but they are not always available.

Does your program require fundraising?
Fundraising is not required, but is recommended. Our Financial Coordinator and Social Workers can provide you with information on resources available to assist you with fundraising.

Do you require a minimum of money in savings prior to being added to the Wait List?
This is not a requirement of our program. Our Financial Coordinator will review your individual circumstances and help address concerns and provide information on available resources.
Vidant Medical Center
Transplant Services

Address:
2100 Statonsburg Road
Greenville, NC 27834

Contact:
252-744-2620 (phone)
252-744-3452 (fax)