AU Health
Transplant Program
Augusta, GA

Christina Wiggins, MBA, BSN, RN
Administrator, Transplant Services
AU Health Transplant Center

1120 15th Street, Augusta GA 30912
Professional Office Building, 3rd Floor
706-721-2888
706-721-1394 (fax)
Expanded patient centered care delivery:

- Life Link Foundation Patient Resource Library
- Comfortable, highly equipped exam rooms
- Waiting area with amenities
- Infusion Room
Multidisciplinary team offices adjacent to clinic:

- Social Work
- Pharmacist
- Dietitian
- Nurse Coordinators
- Financial Coordinators
- Nurse Practitioners
- Physicians
- Medication Assistance Program
Introduction

- 1st kidney transplant in 1968

- Serving Georgia and South Carolina primarily but extend to Florida, North Carolina, Alabama and surrounding states

- Over 2600 kidney transplants completed since our inception

- Offer kidney/pancreas/living donation/pediatric transplant

- Offer Kidney Paired Donation programs (donor and recipient incompatible with each other but match another pair at our program or an outside transplant center)
Transplant Volume

- **Living Donor Kidney**: FY17 = 14, FY18 = 20, FY19 = 20
- **Deceased Donor Kidney**: FY17 = 48, FY18 = 51, FY19 = 66
- **Kidney/Pancreas**: FY17 = 2, FY18 = 2, FY19 = 6
- **Pancreas**: FY17 = 0, FY18 = 0, FY19 = 1
- **All Donor Types**: FY17 = 64, FY18 = 73, FY19 = 93

Legend:
- Blue = FY17
- Red = FY18
- Green = FY19
Our Physician Team

Muhammad Irfan Saeed, MD, FACS
Surgical Director

Imran Gani, MD
Transplant Nephrologist

Rajan Kapoor, MD, FASN
Medical Director

Laura Mulloy, DO
Transplant Nephrologist
Key Dialysis Center Contacts

Outreach Coordinators

Paul Beck, RN, BSN, CCTC
Georgia
South Carolina – within 50 miles of Augusta
pbeck@augusta.edu
706-840-5654

Dee Derrick, RN, BSN, CCTC
South Carolina
dderrick@augusta.edu
706-691-8037
AU Transplant Unique Qualities

- Partnership with AU Bariatric Program
- Fundraising coordinator who works closely with several patient assistance programs
- Satellite Clinic locations/ telemedicine
- Utilize cutting edge blood testing to detect rejection after transplantation
- Bloodless Medicine Program
- On-Site Ronald McDonald House for pediatric patients and families
- Active Patient Advisor Board
- Participation in many clinical trials
- Well controlled HIV, Hep B, Hep C, Sickle Cell disease
Transplant Process

- Referral
- Patient Evaluation
- Patient Selection Process
- Add To Waiting List
- Re-eval and assess
- Transplant
- Return to local Nephrologist

Narrative:
- Referral
- Transplant
- Re-eval and assess
- Add To Waiting List
- Patient Selection Process
- Patient Evaluation
- Return to local Nephrologist
General Referral Process

- **TREX** Transplant Referral Exchange
- Phone or Fax
- Easy referral form
- 2728 if applicable
- Most recent H&P
- Recent labs with eGFR
- Insurance Cards
After Referral:

- Contacted for Orientation Class / Evaluation
- Encourage patient to complete maintenance testing (pap smear, mammogram, colonoscopy if age appropriate)
- Records will be screened and evaluation plan will be determined
Steps in the Evaluation Process

Step 1
- Orientation class
- Testing
- Have potential donors call

Step 2
- Evaluation Day with specialized testing
- Referrals to specialist
- Exam and interview with a transplant physician

Step 3
- Review by the Transplant Selection Committee
Selection Criteria
- Indication Exists
- Increase Longevity
- Increase quality of life
- Able to follow complex regimen
- Support Network
- Transportation
- Healthy weight
- No absolute exclusions

Relative Exclusions
- Non-healing Wounds
- Severe pulmonary, cardiovascular, or peripheral vascular disease
- Malignancy
- Age >75 (kidney); Age >50 (pancreas)
- Bloodless medicine patients with 2 anticoagulation agents

Absolute Exclusions
- BMI >42
- Active Substance Abuse
- Significant and irreversible CAD
- Cirrhosis
- Non-Adherence
- Tobacco use in diabetes, lupus, CAD
- Inadequate social support and transportation
Waitlist Maintenance

- Blood Samples
- Regular testing (mammogram, colonoscopy, pap)
- Communication with transplant center
Types of Kidneys for Transplant

Living Kidney Donor

Given by:
A healthy volunteer who wishes to give a kidney to a family member, friend or stranger

How long will it last?
On average 10 - 30 years

How soon will I be transplanted?
As soon as you and your donor complete evaluation

Deceased Kidney Donor

Given by:
Someone who chooses to donate a kidney after they die

How long will it last?
On average 5 - 10 years

How soon will I be transplanted?
Kidney allocation is changing
Common Obstacles

Incomplete Work Up
• Never finished testing
• Health Maintenance
• PRA Samples

Too Sick
• Progressive Heart Disease
• Progressive Vascular Disease
• Cancer Wait
• Poor rehab potential

Knowledge Deficit
• Education about transplant process
• Smoking
• Contact with us

Lack of Resources
• Financial
• Transportation
• Family Support
• Dental

Communication is key!
Why Stress Living Donation?

- Improved long term outcomes
- Little or no waiting time
- Faster recovery time
- Transplants last longer on average and function more quickly

- Many different options
- Related or Unrelated Donation
- Paired Donation
- Altruistic
  - **Donor evaluated independently**
Conclusion

All questions can be handled quickly!
Contact the outreach coordinators
Call 706-721-2888 for assistance M-F 0730-5pm

Partner with the transplant center for success!!
Questions?