

Is there a subject YOU would like to write about?

Writing a *PAC Speaks* Article

We encourage all patients, family members and care partners to consider writing for *PAC Speaks*.

PAC Speaks is a 2 page single topic newsletter. Started in 2011, IPRO has been publishing patient articles on ESRD related topics including, but not limited to, the following:

- Overcoming Treatment Option Obstacles
- Home Hemodialysis
- Living 19 years on dialysis
- Transplant (Living Donors, The Road from CKD to Transplant, and Transfusion Alternatives)

Guidelines for submitting an article:

- ✓ **First, contact the Network** via e-mail or phone to discuss your topic.
- ✓ **Next, write the article.** Keep in mind that your article should be around 600 words (that's about 1 and 1/4 typed pages)
- ✓ **Then, write a short biography** (100-200 words) and please also include a picture of yourself.
- ✓ **Last, sign and submit the Network publicity release form.** This form can be found on our website here: <http://esrd.ipro.org/initiatives/publications/network-6-publications/>
By signing this form you are giving the Network permission to publish your article and picture.

Contact: PAC Coordinator
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